



Dear Masters/ Instructors,

I would like to take this opportunity to wish you all continued success throughout the year. It is with great honor and excitement that I extend to you an invitation to participate in the upcoming New York Open Taekwondo Championships/Korean Cultural Festival to be held at **the Butler Building at Mitchel Athletic Complex (1 Charles Lindbergh Blvd, Uniondale, NY 11553)** on Saturday, Oct. 22nd, 2016. Thank you to all who participated last year as we were able to raise over \$4,000, which we donated to The Girl Scouts of Nassau County. This year and every year we look to donate proceeds from our event to a worthy charity with the help of the Nassau County Government.

Our goal for the 2016 New York Open TaeKwonDo Championships is to uphold a level of expertise as an Olympic sport and promote the beautiful Korean Cultural that we all share. **NEW to this year's tournament will be events in *Jumping High Kick and Power Knife Hand Break!*** In addition, our tournament will consist of competitions in forms, pairs forms, sparring, board breaking, weapons and Team Demo Competition. As the only Festival without any political, commercial, or profit based agenda (it is a non-profit event), we pride ourselves on using TaeKwonDo as a tool to bring together and embrace the different cultures of the world, regardless of race and creed, hence our philosophy: "TaeKwonDo, One Family One Vision." Moreover, The New York Open has been declared "Taekwondo Day" by The Nassau County Government to show support and increase Taekwondo awareness in the nation.

As always there will be beautiful Korean Cultural performances and a tasting of Korean food. We are honored to serve you and hope to ensure that each individual has his or her best tournament experience of the year. In addition, The New York Open Organizing Committee will be selecting 10 Master/Instructors to receive a citation from the Nassau County Government for their outstanding contributions to our event.

We look forward to seeing as many of you as possible. It is always a privilege and honor to have competitors come together and compete in the highest traditions of our sport and Korean culture. Again, your participation and support is invaluable to the success, growth, and recognition of TaeKwonDo. I commend everyone for their courage to compete and the desire to excel!

Sincerely,

Y.H. Park

**U.S. Olympic Team Coach for 1988 Olympics, 1991 Pan-Am Games Head Coach
Chairman of New York Open TaeKwonDo Championships/ Korean Cultural Festival**



GENERAL INFORMATION

Application Download: www.nyopentkd.org

Hosted by:	New York Open TaekwonDo Organizing Committee
Recognized by:	The World TaekwonDo Federation (WTF), USA Taekwondo
Supported by:	Nassau County Government Taekwondo Leader's Union Korea Taekwondo Association of USA
Sponsored by:	Flushing Bank Korean Cultural Service of NY (뉴욕한 문화원) Korea Tourism Organization Korean Cuisine Globalization Committee of East Coast, USA AT Center of NY Dynamics Martial Arts Supply
Tournament Chairman:	Y.H. Park
Tournament Director:	Edward Park
Date:	Saturday, October 22nd, 2016
Location:	The Butler Building at Mitchel Athletic Complex 1 Charles Lindbergh Blvd, Uniondale, NY 11553
Registration:	Must be received by Saturday, October 15 th , 2016
Late- Registration:	\$25 late registration fee added to any application received after October 15 th ***All fees are non-refundable and non-transferable***
General Admission	\$10 – Adult \$5 – Children 10 and under *Proceeds donated to Charity (Thank you for your support)

Individual Awards

WTF Poomse, High Jump, Power Breaking, Pairs Poomse,
Breaking, Weapons, Sparring, TEAM DEMO Competitions

1. Gold Medals and certificate will be awarded to all 1st place winners
2. Silver Medals and certificate will be awarded to all 2nd place winners
3. Bronze Medals and certificate will be awarded to all 3rd place winners

*Demonstration Team Competition will be awarded a trophy and medal



SCHEDULE OF EVENTS

Saturday, October 15th, 2016

Deadline for Pre-Registration

*All applications must be received by this date to avoid late fees.

Saturday, October 22nd, 2016 (Competition Day)

8:00 AM	All Masters and Officials meeting
8:15 AM	CHECK- IN for ages 4-11 year olds ALL BELTS / TEAM DEMO COMPETITORS
8:30 AM	TEAM DEMO COMPETITION
9:00 AM	Forms, Breaking, Jumping High Kick, Power Knife Hand, Weapons & Sparring Competition Ages 4-11 All Belts
10:30 AM	CHECK- IN for ages 12-17 yr olds ALL BELTS
11:00 AM	Forms, Breaking, Jumping High Kick, Power Knife Hand, Weapons & Sparring Competition Ages 12- 17 yr olds ALL BELTS
12:00 PM	OPENING CEREMONY (LUNCH BREAK for Referees, Judges & Volunteers)
12:30 PM	CHECK-IN for ages 18 – up
1:00 PM	Forms, Breaking, Jumping High Kick & Power Knife Hand Competition- ages 18- up (ALL BELTS)
2:00 PM	PAIRS forms, Weapons Competition- ages 18-up (ALL BELTS)
2:30 PM	Sparring Competition- ages 18-up (ALL BELTS)

*** Times subject to change**

*** Please schedule your competition day accordingly. Lateness will lead to disqualification.**



RULES & REGULATIONS

***Current WTF/USAT Rules and Regulations will govern the Championships with few modifications to enhance the competition experience for all participants.**

ONLY Masters/Instructors/Coaches will be allowed on competition floor to hold boards when their competitors are performing the breaking routine.

MANDATORY EQUIPMENT

1. White V-neck or any colored WTF approved dobok for all events.
2. Shoes are **NOT** allowed for any events unless medically required (Please bring written doctor's note)
3. All competitors must supply their own regulation size breaking boards.
(See Creative Breaking rules for sizes.) You will be able to purchase breaking boards at the tournament.

TRADITIONAL POOMSAE (FORMS) COMPETITION

1. Traditional Poomsae (forms).

Color Belt Poomsae: Taeguk 1– 8 or Pal Gwe 1-8

Black Belt Forms: Koryo, Keumgang, TaeBaek, Pyun Won

2. Age Divisions: (4-5yr) (6-7yr) (8-9 yr) (10-11yr) (12-14yr) (15-17 yr) (18-32 yr) (33-40 yr) (41 & up yr)

3. Belt Divisions: White/Yellow/Orange Belts are 1 Division. Green/Blue/Purple Belts are 1 Division.

Red/Brown/Poom is 1 Division. BLACK BELTS are 1 Division

PAIRS POOMSAE COMPETITION - Black Belt Divisions ONLY

1. Can be mixed gender & variable ages performing the same poomsae
2. Can perform Koryo, Keumgang, Tae Baek, Pyun Won

CREATIVE BREAKING COMPETITION

1. All students must use ¼ inch boards. **NO SHOES ALLOWED** unless medically required.
2. 1 minute to setup. 1 minute to finish entire breaking routine. (MAXIMUM 10 BOARDS)
3. Scoring will be based on completing routine in given 1 min. time limit, the level of difficulty of the techniques, the number of boards broken at one time, the accuracy of the breaks, the flow of the routine, and the competitor's show of power, speed, creativity and style. All boards must be broken completely. Cracked, rotted or tampered wood will not be counted in scoring!



RULES & REGULATIONS

GYOROOGI (SPARRING) COMPETITION

1. Ages 7 & under All Belts and Ages 11 & under Color Belts: NO HEAD CONTACT
2. Ages 8-11 yr old Black Belts: LIGHT HEAD CONTACT
3. Ages 12-14 yr old & 15-17 yr old All Belts: LIGHT HEAD CONTACT
4. Ages 18-31 yr olds All Belts: FULL HEAD CONTACT
5. Ages 32-up yr old ALL Belts: NO HEAD CONTACT
6. Time Limit: Ages 4-14 (2 Rounds, 1 Minute each) Ages 15-up (2 Rounds, 2 Minutes each) 30 Sec. break
7. Divisions will be separated into 2 to 4 weight categories
8. 12 point ceiling rule will be in effect during any time of match
9. Tie matches will be decided in sudden death

CREATIVE WEAPONS COMPETITION

1. The maximum set-up time is 1 minute.
2. The maximum time to complete the performance is 2 minutes.
3. The performance must be done within the regulation ring size.

NY OPEN TAEKWONDO will allow any traditional martial arts weapon. All blades of any weapons must be DULL. For safety, please do NOT bring a sharp weapon for your performance. Competitors must provide their own weapons.

Scoring Guidelines

1. Difficulty of Technique will be based on the following order of superiority (in ascending order):
Technique will be based on Accuracy, Speed, and Power.

TEAM DEMO COMPETITION

1. Unlimited number of team members.
2. Time Limit: 7 minutes
3. Must provide own music and audio equipment if necessary.

*****Team Trophies and medals will be awarded for top 3 teams.**



RULES & REGULATIONS

**NEW EVENTS!*

INDIVIDUAL JUMPING HIGH KICK

1. Each participant has a maximum of 30 seconds to attempt to break the board with Running Jumping Front Snap Kick.
2. Each participant has only one attempt to break the board for each round.
3. Participants may not cover the breaking foot with any bandages, tape or any other material
4. The order of participants (who breaks first) will be determined by height. The shortest participant will attempt to break first.
5. Participants must break the board to advance to the next round. Board must be broken by an upward kicking technique to be considered a successful break.
6. After each round, the board height will be raised incrementally at the referee's discretion.
7. The participant to break the highest board will be declared the winner.
8. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), the height will be raised until a participant FAILS to break the board. (If all participants fail to break the board, then 1st place will be awarded to the SHORTEST participant.)
9. If any part of the body touches the floor besides the feet, it is considered NO BREAK

INDIVIDUAL POWER KNIFE HAND BREAK

1. Each participant will have one attempt to break with a Knife Hand Strike in an area approximately 2 meters x 2 meters.
2. The participant will attempt to break 1 or ¼ -inch pine boards with no spacers.
2. All boards will be placed on a board holding stand, which is 4 inches tall from the floor.
3. The participant must use the side of the palm (from the side of the first knuckle of the little finger to the front side of the wrist) for Knife Hand. Fingers can be bent; however, the hand cannot be closed in a fist position.
4. Participants may not cover the breaking hand with any bandages, tape or any other material.
5. Each participant must PRIVATELY complete a form that states the number of boards he or she will attempt to break prior to the start of the division.
6. The participant who breaks the most boards will be declared the winner.
7. If two or more participants break the same number of boards, the participant who attempted to break the greatest number of boards will receive a higher score. (For example, Participant #1 attempts to break 5 boards and only 4 boards break. Participant #2 attempts to break 4 boards and succeeds in breaking
8. Therefore, Participant #1 will receive the higher final position within the division, because they attempted to break more boards)
9. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded), there will be 1 overtime round. (Add 1 additional board)
10. If there is still a tie at the end of the overtime round, the winner will be declared by body weight. (The lightest person will be declared the winner.) A scale will be provided at the event.

Competitor's Application



NAME: _____ GENDER: MALE _____ FEMALE _____
 DATE OF BIRTH ____/____/____ AGE: _____ HEIGHT: _____ " _____ WEIGHT: _____ LBS.
 BELT (SPECIFY COLOR ONLY): _____ BLACK BELT (DEGREE): _____
 HOME ADDRESS: _____ TEL: _____ EMAIL: _____
 TKD SCHOOL NAME _____ SCHOOL EMAIL: _____ TEL: (____) _____
 INSTRUCTORS NAME: _____ SCHOOL ADDRESS: _____

1 Event- \$80 (Each additional Event- \$10)
 Check all events you wish to compete in

***Poomsae competitors only (Check One)**
 Please check which form you will perform

POOMSAE _____ (Choose form in next box →)
 PAIRS POOMSAE (Black Belts only) _____
 BREAKING _____
 SPARRING _____
 WEAPONS _____
 TEAM DEMO _____
 (NEW!) JUMPING HIGH KICK _____
 (NEW!) POWER KNIFE HAND BREAK _____

Color Belts
(Taeguk or Pal-gwe)

IL Jang (1) _____
 Ee Jang (2) _____
 Sam Jang (3) _____
 Sa Jang (4) _____
 Oh Jang (5) _____
 Yuk Jang (6) _____
 Chil Jang (7) _____
 Pahl Jang (8) _____

Black Belt Forms

Koryo _____
 KeumGang _____
 Tae Baek _____
 Pyun Won _____

LIABILITY WAIVER

I hereby submit my application for registration in the 2016 New York Open TKD Championships/Korean Cultural Festival. I understand that this martial arts competition is a body contact sport, and that my participation in this sport involves some risk of injury. I knowingly and voluntarily assume all risk of injury. I hereby release New York Open TKD Championships/Korean Cultural Festival and its instructors, employees, coaches, organizers, and administrators for any responsibility for injury suffered during the competition. I understand further that I shall strictly obey the rules and regulations governing this tournament. In the event of such injury, I hereby give my consent to receive the appropriate medical treatment. I further agree that any pictures taken of or by me in connection with the tournament can be used by the organizers for publicity or promotion without compensation at this time or any other time. I acknowledge that I have read carefully the above and understand it fully, and I voluntarily agree to be bound by the terms specified herein.

Competitor's
 Signature: _____ Date: _____

***If under 18 years old, Parent or legal guardian must sign below.**

The undersigned, the parents or legal guardian of the above mentioned participant, has read the foregoing, and do hereby agree to the terms, conditions, and provisions of the foregoing agreement, and agree to release the said organization and organizers for any responsibility for injury to my child suffered during this competition. In the event of such injury, I hereby give my permission for my child to receive appropriate medical treatment.

Parent/Legal Guardian
 Signature: _____

PAYMENT INFORMATION

Registration Deadline: Saturday, Oct. 15th
Late Registration: \$25 late fee applied after Oct. 15th

REGISTER ONLINE: www.nyopentkd.org

OR

ALL CASHIER'S CHECK/ SCHOOL CHECK OR MONEY ORDER
 (NO PERSONAL CHECKS)

****PAYABLE TO: NEW YORK OPEN TKD CHAMPIONSHIPS**

PLEASE SUBMIT APPLICATION AND ALL PAYMENTS TO:

3701 Hempstead Tpke. Levittown, NY 11756

(SORRY NO REFUNDS, TRANSFERS, AND/OR CREDITS WILL
 BE MADE UNDER ANY CIRCUMSTANCES.)



COACH REGISTRATION FORM

***** NOTICE – NO ONE WILL BE ALLOWED IN COMPETITION AREA WITHOUT COACH PASS**

Coach Application fee:

\$20.00 if postmarked by Saturday, Oct. 15th, 2016 (\$30 cash at door)

REFUNDS CANNOT BE MADE UNDER ANY CIRCUMSTANCES

Please write School Check/Money Order ONLY to:

New York Open Taekwondo Championships

Mailing Address: 3701 Hempstead Tpke., Levittown, NY 11756

NAME: _____

ADDRESS: _____

TELEPHONE #: () _____

DATE OF BIRTH: ____/____/____ AGE: ____ GENDER: MALE__ FEMALE ____

TAEKWONDO RANK (IF NONE SPECIFY RELATIONSHIP TO ATHLETE): _____

SCHOOL: _____ SCHOOL PHONE #: () _____

MASTER / INSTRUCTOR'S NAME: _____

Liability Waiver

I understand that Taekwondo is a body contact sport, which involves the risk of injury. I agree that I will be responsible for all case of accident such as any damage, loss and any injury etc. which may occur when coaching my students during physical exercise and competition of gyroogi (sparring), kyukpa (breaking) and poomsae (forms) and by my carelessness until the finish of the tournament. I agree that New York Open Taekwondo Championships/Korean Cultural Festival and all organizing Committees for the 2016 New York Open Taekwondo Championships/Korean Cultural Festival including organizers, officials, staff and volunteers, as well as referees, competitors, staff of sports arena and others, except coach herself/himself, will be indemnified from all accidents as the above and release and forever discharge from any claims for damages. I, also agree that the medical treatment provided by the Organizing Committee, if necessary will be a first aid type only.

Printed Name: _____ Signature: _____ Date: _____



SPONSORSHIP OPPORTUNITIES

EVENT: Regional Taekwondo Tournament & Korean Cultural Festival
DATE: Saturday, Oct. 22nd
 *Opening Ceremonies on Saturday, Oct. 22nd at 12 noon
TIME: 8:30am- 5pm (approximate)
LOCATION: The Butler Building at Mitchel Athletic Complex in Long Island, NY USA
ATTENDEES: 500 including hundreds of Martial Arts School owners
CONTACT: epark@yhpark.com or call 516-735-3434, ask for Edward Park, Director of NY Open

• **Please Submit Ad no later than Sept. 30th, 2016**

The NY Open Taekwondo Championships/Korean Cultural Festival is one of the most exciting Taekwondo events in the country. This is a FULL ALL DAY fun-filled Taekwondo Festival. This event is open to the public and will be one you don't want to miss. The Opening Ceremonies will sell out due to the beautiful Korean Cultural Performances, Special Showcase of National Level Competition. In conjunction with the Nassau County Government, proceeds will be donated to a worthy charity.

***NOTE – Your Sponsoring contribution will be tax deductible under tax code: 501(c)(3)**

Sponsorship Level	Presenting \$20,000	Platinum \$10,000	Gold \$5,000	Silver \$3,000	Bronze \$2,000
Press Conference Media Exposure & Invitation	✓				
Business Displayed at Main Stage	✓				
2 Minute Presentation at Open Ceremony	✓				
Premier Vendor Space	✓	✓			
Business Logo on NY Open website & Facebook page	✓	✓	✓		
Announcements during tournament	✓	✓	✓	✓	
Business Offer/Logo/Ad in Event Program Book	Full Color, Full Page Outside Cover	Full Color, Full Page	Full Color, Full Page	Full Color, Full Page	Full Color, Full Page
Business Advertisement on Poster & Banner at Event Site	✓	✓	✓	✓	✓
Free tickets to the Event	25	20	15	10	5
Taekwondo Holiday Party Invitation (Full Table)	10 Tickets	10 Tickets	5	3	2



PROGRAM BOOKLET ADVERTISEMENT

This is an Advertising Order for space in the Souvenir Program book for the 2016 New York Open Taekwondo Championships and authorization for said space to appear there in.

*The NY Open Taekwondo Championships program book will be produced in high quality on full color, perfect bound, gloss pages.

PRINT ALL INFORMATION

Advertiser: _____

Contact Name: _____

Address: _____

Business Phone: _____ Fax: _____

ADVERTISING RATES AND INFORMATION

All advertising artwork must be camera ready! All advertising orders will receive one free program.

COVER LOCATIONS:

- BACK COVER & BANNER \$1,000 full color 8-1/2 x 5 1/2
- INSIDE BACK COVER & BANNER \$500 full color 8-1/2" x 5 1/2
- INSIDE FRONT COVER & BANNER \$500 full color 8-1/2" x 5 1/2

INSIDE LOCATIONS:

- FULL PAGE - \$300 Color 8 1/2 x 5 1/2
- HALF PAGE (HORIZONTAL) - \$150 Color 5 1/2 "x 4 1/2

All camera ready artwork must be received no later than 9/30/2016. A school check or money order must accompany this order with authorized signature.

Please make check payable to: "NY Open Taekwondo Championships"

Send to: 3701 Hempstead Tpke. Levittown, NY 11756

Email Ad to: epark@yhpark.com

***NOTE – Your advertising ad contribution will be tax deductible under tax code: 501(c)(3)**



HOTEL ACCOMMODATIONS

***Special Rate:** \$159/night (Standard Room with Two Beds)

Mention ***"NY Open TKD"*** for Special Discount Rate!

Please make reservations by Sept. 30th, 2016

Address: 821 Stewart Avenue, Garden City, NY
Phone: (516)-705-9000
Website: www.laquintagardencity.com

