



Dear Masters/Instructors,

I would like to take this opportunity to wish you all good health and safety during this time. I hope that 2025 has been a a prosperous year and I wish nothing but the best for you as you finish out the year. It is with great honor and excitement that I extend to you an invitation to participate in the upcoming New York Open Taekwondo Championships/Korean Cultural Festival to be held at **Queens College - Fitzgerald Gym (65-30 Kissena Blvd, Queens, NY 11367) on Saturday, Oct. 18th, 2025.**

Our goal for the 2025 New York Open TaeKwonDo Championships is to uphold a level of expertise as an Olympic sport and promote the beautiful Korean Culture that we all share. As the only Festival without any political, commercial, or profit based agenda (as it is a non-profit event), we pride ourselves on using TaeKwonDo as a tool to bring together and embrace the different cultures of the world, regardless of race and creed - hence our philosophy: "TaeKwonDo, One Family One Vision."

We are honored to serve you and hope to ensure that each individual has his or her best tournament experience of the year. Moreover, It is always a privilege to have competitors from all over compete in the highest traditions of our sport and art. Again, your participation and support is invaluable to the success, growth, and recognition of TaeKwonDo. I commend you for your desire to compete and excel! Thank you for your support.

Sincerely,

Grandmaster Y.H. Park

U.S. Olympic Team Coach for 1988 Olympics, 1991 Pan-Am Games Head Coach
Chairman of New York Open TaeKwonDo Championships/ Korean Cultural Festival



GENERAL INFORMATION

ALL REGISTRATION MUST BE DONE ONLINE:

www.nyopentkd.org

Hosted by:	New York Open TaeKwonDo Organizing Committee
Recognized by:	World TaeKwonDo (WT) Korea Taekwondo Association (KTA)
Sponsored by:	Flushing Bank Korean Cultural Service of NY (뉴욕한 문화원) Korea Tourism Organization Korean Cuisine Globalization Committee of East Coast, USA AT Center of NY Maru Sports Martial Arts Supply
Tournament Chairman:	Grandmaster Y.H. Park
Tournament Director:	Master Edward Park
Date:	Saturday, October 18 th , 2025
Time:	8:00am - 6:00pm
Location:	Queens College - Fitzgerald Gym 65-30 Kissena Blvd, Queens, NY 11367
Registration Deadline:	Must be received by Wednesday, October 8 th , 2025 by 11:59pm.
Late Registration Deadline:	Must be received by Saturday, October 11 th by 11:59pm. \$25.00 late fee added.
General Admission:	\$20.00 – Adult \$10.00 – Children (10 and under) *General Admission proceeds will be donated to The Juliana Buongiovanni Memorial Scholarship.
Individual Awards:	1. Gold Medals will be awarded to all 1 st place winners 2. Silver Medals will be awarded to all 2 nd place winners 3. Bronze Medals will be awarded to all 3 rd place winners *Top 3 Demonstration Competition Teams will be awarded a trophy and medal



SCHEDULE OF EVENTS

Tournament Date: Saturday, October 18th, 2025

***SCHEDULE FORMAT:**

* **POOMSAE, BOARD BREAKING, TEAM DEMO EVENTS (Morning Session):** All age brackets and belt divisions in our Poomsae, Board Breaking & Team Demo events will start and finish before starting our Sparring competition.

* **SPARRING EVENTS (Afternoon Session):** Sparring competition will start once all age brackets and belt divisions in our Poomsae, Board Breaking & Team Demo events have finished.

* **EXHIBITION MATCHES:** Any Sparring Competitors who do not have an official match will be invited to our **NEW EXHIBITION MATCH PORTION** of the Schedule which will be announced.

*Schedule will be posted on Wednesday, October 15th or before
by email and on www.nyopentkd.org



RULES & REGULATIONS

***Competition:** Current WT/USAT Rules and Regulations will govern the Championships with few modifications to enhance the competition experience for all participants.

***VIP & Coach Pass:** ONLY those with a VIP or Coach pass will be allowed on competition floor to hold boards for their competitors during their breaking routine.

***One Person Division:** ALL Divisions in our Poomsae & Creative Breaking events that have only 1 competitor will have to achieve a minimum score threshold to determine whether they win 1st, 2nd or 3rd place.

***Age Bracket:** Please register the correct age bracket according to your birth year. Ex.) Birth year is 2020 regardless of what month, age is 15 years old.

MANDATORY EQUIPMENT

1. White V-neck or any colored WT approved dobok for all events.
2. Shoes are **NOT** allowed for any events unless medically required (Please bring written doctor's note)
3. All competitors must purchase their own regulation size breaking boards at the venue. (See Creative Breaking rules for sizes)
4. All World Class Black Belt Sparring Competitors will use **KPNP** Electronic Sparring Gear. (Please bring your KPNP socks. Socks will also be for Sale)



WORLD CLASS SPORT POOMSAE COMPETITION

(12 yrs old & up - BLACK BELTS ONLY) – POOMSAE PRO SYSTEM!

1. **WT Authorized Poomsae:** Taeguek 1-8 Jang & Black Belt Poomsae: Koryo, Keumgang, Taebaek, etc.
2. **Age Divisions:** Cadet (12-14) Junior (15-17) Senior (18-32) Ultra (33+).

Divisions (Both Genders)	Compulsory Poomsae
Cadet (12-14)	Taeguek 4 5 6 7 8 Koryo, Keumgang
Junior (15-17)	Taeguek 4 5 6 7 8 Koryo, Keumgang, Taebaek
Senior (18-32)	Taeguek 4 5 6 7 8 Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae
Ultra (33+)	Taeguek 4 5 6 7 8 Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae

*Poomsae to perform will be announced at the Ring on Competition Day.

PAIR POOMSAE COMPETITION

(12 yrs old & up - BLACK BELTS ONLY) – POOMSAE PRO SYSTEM!

1. **WT Authorized Poomsae:** Taeguek 1-8 Jang & Black Belt Poomsae: Koryo, Keumgang, Taebaek, etc.
2. **Age Divisions:** Team members must all be in the same age division - Cadet (12-14) Junior (15-17) Senior (18-32) Ultra (33+).
3. **Mixed Gender:** Must be one male, one female. Same gender Pair NOT allowed.

Divisions (Both Genders)	Compulsory Poomsae
Cadet (12-14)	Taeguek 4 5 6 7 8, Koryo, Keumgang
Junior (15-17)	Taeguek 4 5 6 7 8, Koryo, Keumgang, Taebaek
Senior (18-32)	Taeguek 4 5 6 7 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
Ultra (33+)	Taeguek 4 5 6 7 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin

*Poomsae to perform will be announced at the Ring on Competition Day.



TEAM POOMSAE COMPETITION

(12 yrs old & up - BLACK BELTS ONLY) – POOMSAE PRO SYSTEM!

1. **WT Authorized Poomsae:** Taegueuk 1-8 Jang & Black Belt Poomsae: Koryo, Keumgang, Taebaek, etc.
2. **Age Divisions:** Team members must all be in the same age division - Cadet (12-14) Junior (15-17) Senior (18-32) Ultra (33+).
3. **Same Gender:** Team must consist of all males or all females. NO mixed gender allowed.

Divisions (Both Genders)	Compulsory Poomsae
Cadet (12-14)	Taegueuk 4 5 6 7 8, Koryo, Keumgang
Junior (15-17)	Taegueuk 4 5 6 7 8, Koryo, Keumgang, Taebaek
Senior (18-32)	Taegueuk 4 5 6 7 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
Ultra (33+)	Taegueuk 4 5 6 7 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin

*Poomsae to perform will be announced at the Ring on Competition Day.

WORLD CLASS SPARRING COMPETITION

(12 yrs old & up, BLACK BELTS ONLY)

- Current WT/USAT Rules & Regulations will govern our Sparring competition.
- **KPNP Electronic Scoring** (Please bring your KPNP Electronic Socks, will also be available for Sale)
- Time Limit: 3 Rounds, 1:30 minute each, 30 sec. break
- Must win 2 out of 3 rounds for victory

Divisions

1. 12-14 yr olds (Cadet): LIGHT HEAD CONTACT
2. 15-17 yr olds (Junior): FULL HEAD CONTACT
3. 18-32 yr olds (Senior): FULL HEAD CONTACT
4. 33+ yr olds (Ultra): LIGHT HEAD CONTACT



TRADITIONAL POOMSAE (FORMS) COMPETITION

1. Traditional Poomsae (forms):

Color Belt Poomsae: Taeguek 1– 8

Black Belt Forms: Koryo, Keumgang, TaeBaek, Pyongwon, Sipjin

2. Age Divisions: (4-5yr) (6-7yr) (8-9 yr) (10-11yr) (12-14yr) (15-17 yr) (18-32 yr) (33-40 yr) (41 & up yr)

3. Belt Divisions:

1. White/Yellow/Orange Belts are *Yellow Division* (Taeguek1-2)
2. Green/Blue/Purple Belts are *Blue Division* (Taeguek 3-5)
3. Red/Brown/Red & black is *Red Division* (Taeguek 6-8)
4. BLACK BELTS are 1 Division

4. Competition Style: HEAD to HEAD matchup with winner advancing to the next round.

CREATIVE BREAKING COMPETITION

1. Children competitors up to 14 yrs old must use ¼ inch boards. Competitors 15 yrs old & up must use 1 inch boards. **All boards must be purchased at the venue.** NO SHOES ALLOWED unless medically required.
2. 1 minute to setup. 1 minute to finish entire breaking routine.
3. Breaking routine **MUST** be 5 stations consisting of 5 boards in total. Additional boards will result in deductions. 1 breaking attempt per station allowed.
4. Scoring will be based on the following:
 1. Completing routine in given 1 min. time limit.
 2. Technical - difficulty, missed attempts, holder assist, bad sportsmanship.
 3. Presentation - technique, balance & rhythm, expression of energy, style & creativity. All boards must be broken completely.



SPARRING COMPETITION (NON WORLD-CLASS)

- Current WT/USAT Rules & Regulations will govern our Sparring competition
- Time Limit: 3 Rounds (1 minute each, 30 second break)
- Must win 2 out of 3 rounds for victory
- Divisions will be separated into 2 to 4 weight categories
- **Black Belt Divisions - KPNP ELECTRONIC SCORING SYSTEM (Please bring your KPNP Electronic Socks, will also be available for Sale)**

1. 4-5 yr olds (Mini) All Belts: NO HEAD CONTACT
2. 6-7 yr olds (Dragon) All Belts: NO HEAD CONTACT
3. 8-9 yr. olds (Tiger) Color Belts: NO HEAD CONTACT
4. 8-9 yr. olds (Tiger) Black Belts: LIGHT HEAD CONTACT
5. 10-11 yr. olds (Youth) Color Belts: NO HEAD CONTACT
6. 10-11 yr olds (Youth) Black Belts: LIGHT HEAD CONTACT
7. 12-14 yr olds (Cadet) All Belts: LIGHT HEAD CONTACT
8. 15-17 yr olds (Junior) All Belts: LIGHT HEAD CONTACT
9. 18-32 yr olds (Senior) Color Belts: LIGHT HEAD CONTACT
10. 18-32 yr olds (Senior) Black Belts: LIGHT HEAD CONTACT
11. 33+ yr olds (Ultra) All Belts: LIGHT HEAD CONTACT

TEAM DEMO COMPETITION

1. Unlimited number of team members. No Masters allowed to perform.
2. Time Limit: 7 minutes
3. Must provide own music and audio equipment if necessary
4. Must only break boards purchased from the venue.
5. Must stay in bounds on the competition area (10 x 10 mat area)



COMPETITOR INFORMATION

ALL REGISTRATION MUST BE MADE ONLINE

Age Brackets (please register using the birth year):

- | | | |
|---------------------------------------|---|---|
| <input type="checkbox"/> 4-5 (MINI) | <input type="checkbox"/> 10-11 (YOUTH) | <input type="checkbox"/> 18-32 (SENIOR) |
| <input type="checkbox"/> 6-7 (DRAGON) | <input type="checkbox"/> 12-14 (CADET) | <input type="checkbox"/> 33+ (ULTRA) |
| <input type="checkbox"/> 8-9 (TIGER) | <input type="checkbox"/> 15-17 (JUNIOR) | |

Belt Divisions:

- ☐ Yellow (Beginner) ☐ Blue (Intermediate) ☐ Red (Advanced) ☐ Black

Event Fee: \$110.00 (Additional event is \$25.00)

- | | |
|--|--|
| <input type="checkbox"/> WORLD CLASS SPORT POOMSAE | <input type="checkbox"/> TRADITIONAL POOMSAE (NON WORLD CLASS) |
| <input type="checkbox"/> PAIR POOMSAE | <input type="checkbox"/> SPARRING (NON WORLD CLASS) |
| <input type="checkbox"/> TEAM POOMSAE | <input type="checkbox"/> CREATIVE BREAKING |
| <input type="checkbox"/> WORLD CLASS SPARRING | <input type="checkbox"/> TEAM DEMO |

Registration Deadline: Wednesday, October 8th at 11:59pm

Late Registration Deadline (\$25.00 late fee added): Saturday, October 11th at 11:59pm

(No Refunds will be made under any circumstances)



VIP PASS INFORMATION

**One Complimentary VIP Pass will be provided for each school Master*

VIP Pass Benefits:

- Free admission
- Complimentary coffee, pastries, lunch & water
- Access to Competition Floor
- Access to VIP lounge
- Access to Head Table

COACH PASS INFORMATION

***NOTICE**

NO ONE WILL BE ALLOWED IN COMPETITION AREA

WITHOUT VIP or COACH PASS

ALL COACH PASS REGISTRATION MUST BE MADE ONLINE:

www.nyopentkd.org

Coach Pass Fee: \$30.00



SPONSORSHIP OPPORTUNITIES

EVENT: Regional Taekwondo Tournament & Korean Cultural Festival
DATE: Saturday, Oct. 18th, 2025
 *Welcome Ceremonies on Saturday, Oct. 18th at 12 noon
TIME: 8:00am- 6pm (approximate)
LOCATION: Queens College (Fitzgerald Gymnasium) - 65-30 Kissena Blvd, Queens, NY 11367
ATTENDEES: 2,000 including numerous Martial Arts School owners
CONTACT: Master Edward Park (Director of NY Open) edwardpark20@gmail.com or call 516-735-3434

Please Submit Ad no later than October 1st, 2025

The NY Open Taekwondo Championships/Korean Cultural Festival is one of the most exciting Taekwondo events in the country. This is a FULL ALL DAY fun-filled Taekwondo Festival. This event is open to the public and will be one you don't want to miss. The Opening Ceremonies will sell out due to the beautiful Korean Cultural Performances

*NOTE – Your Sponsoring contribution will be tax deductible under tax code: 501(c)(3)

Sponsorship Level	Presenting \$10,000	Platinum \$5,000	Gold \$3,000	Silver \$2,000	Bronze \$1,500
Press Conference Media Exposure & Invitation	✓				
Business Displayed at Main Stage	✓				
2 Minute Presentation at Welcome Ceremony	✓	✓			
Premier Vendor Space	✓	✓			
Business Logo on NY Open website & Facebook page	✓	✓	✓		
Announcements during tournament	✓	✓	✓	✓	
Business Offer/Logo/Ad in Event Program Book	Full Color, Full Page Outside Cover	Full Color, Full Page	Full Color, Full Page	Full Color, Full Page	Full Color, Full Page
Business Advertisement on Poster & Banner at Event Site	✓	✓	✓	✓	✓
Free tickets to the Event	25	20	15	10	5



PROGRAM BOOKLET

ADVERTISEMENT

This is an Advertising Order for space in the Souvenir Program book for the 2025 New York Open TaekwonDo Championships and authorization for said space to appear there in.

*The NY Open Taekwondo Championships program book will be produced in high quality on full color, perfect bound, gloss pages.

PRINT ALL INFORMATION

Advertiser: _____
Contact Name: _____
Address: _____
Business Phone: _____ Fax: _____

ADVERTISING RATES AND INFORMATION

All advertising artwork must be camera ready! All advertising orders will receive one free program.

COVER LOCATIONS:

- ☐ INSIDE BACK COVER & BANNER \$2,000 full color 8.5" x 11"
- ☐ INSIDE FRONT COVER & BANNER \$2,000 full color 8.5" x 11"

INSIDE LOCATIONS:

- ☐ FULL PAGE - \$1,000 Color 8.5' x 11"
- ☐ HALF PAGE (HORIZONTAL) - \$500 Color 8.5" x 5.5"

All camera ready artwork must be received no later than 10/1/2024. A school check or money order must accompany this order with authorized signature.

Please make check payable to: "NY Open TaekwonDo Championships"

Send to: 1170 Hicksville Rd., Seaford, NY 11783

Email Ad to: edwardpark20@gmail.com

*NOTE – Your advertising ad contribution will be tax deductible under tax code: 501(c)(3)